

Dear Cross Country friends

On behalf of the FIS, the Norwegian Ski Association, and the Organizing Committee of World Cup Drammen we have the privilege and the pleasure of wishing you all a very warm welcome to the City of Drammen and the FIS World Cup Sprint on March 14. 2023. It is a great honor for us to be selected to host this event in Drammen centre for the 17th time.

The speed, excitement, precision and closeness of the venue are the most important ingredients in making this World Cup Sprint yet another sports- and spectator's festival. Together with our many volunteers, we will do our utmost to present good and fair conditions for all the athletes.

We wish you all good luck,,and may the best woman/man win in Drammen!

Drammen, February 2023

Arne Madsen
President

Mads Madsgaard,
Chief of Competition



Foto: Åsne Bilstad

Practical information

Team Captains Meetings (TCM)

The meetings will be lead by the Chief of Competition, Mr.Mads Madsgaard. The official language of these meetings is English. The program for the team captain meetings is as follows:

TCM: Monday, March 13. at 18:00

- Place: Scandic Hotel Ambassadeur
- This is a meeting for Team Captains containing the draw and general information from the Chief of Competition, the Chief of Course and the Technical Delegates.
- Max 1 persons per nation

BIB Distribution after prologue: Thursday, 3rd March

- Place: Mixed Zone near the finish line
- Women: right after Women Prologue
- Men: right after Men Prologue

Race Office

The Race office is located on the east side of the church and will be properly marked. See enclosed map. Each team will have a mailbox, where all information will be distributed. There will also be a representative from the race office at Scandic hotel Ambassadeur.

Opening hours: Sunday March 12. 17:00 – 19:00
 Monday March 13. 14:00 – 17:00
 Tuesday March 14. 07:00 – 16.00

Responsible: Vibeke Hald Langen, Tel: +47 913 61 493

Keys to wax cabins can be picked up at the race office, towards a cash deposit of EUR 100.
Contact Terje Liveng +47 930 11 885.

Accreditation

The Accreditation office is at the Scandic Ambassadeur Hotel.

Opening hours: Sunday March 12. 16:00 – 19:00
 Monday March 13. 12:00 – 19:00
 Tuesday March 14. 07:00 – 16.00

Responsible: Torgeir Bjørkestøl, Tel: + 47 95 03 18 39

Service-centre: Accomodation, Attaché services and Transport

Our official race hotel, where you will find our service-desk, is Scandic Ambassadeur Hotel. The attaché services will be available to help the teams with practical questions, and act as interpreters.

Opening hours: Sunday March 12. 12:00 – 20:00
 Monday March 13. 12:00 – 20:00
 Tuesday March 14. 06:00 – 20.00

Responsible: Service Desk and transportation: Tove Beate Ellingsen; Tel: +47 40 24 26 62

Payment for Accommodations

The national team captains are responsible for payment of accommodation directly to the hotel upon arrival of the teams. Accommodation for red group (sprint) or CoC, will be paid by LOC. **Please note:** All extras like phone calls, minibar etc. shall be paid directly to the hotel before departure.

Meals at the Hotel

For details, see information at the service-desk at your Hotel.

Cereals, muesli, fruit, coffee and tea will be available all day.

Lunch boxes: Service-men/athletes can make their own lunchbox at breakfast.

Soft drinks are not included in the accommodation price.

Hotel address: Scandic Hotel Ambassadeur
Strømsø Torg 7,
3044 Drammen
Phone: +47 31 01 21 00

Anti-doping Testing

Any anti-doping testing may be held at **Aleris Drammen, Albumsgate 9**, walking distance west of the Bragernes Cathedral and the finishing area. See map.

We would like to ask the team leaders to be helpful in getting the chosen athletes to the anti-doping testing within 60 minutes after the competition has finished, escorted by an official person from the team, and a chaperon.

Medical Information

Medical doctors, Red Cross and other health personnel will be available during the competitions. If you need assistance, please contact your attaché or any official. For medical help on other days, please ask your attaché.

For 24 hour help: **Drammen first-aid station**, phone +47 32 26 90 00, Rosenkrantzgaten 17.

Emergency help (24 hours a day), **phone 113** (for international cell phones: **113**)

Phone number to **Drammen Hospital:** + 47 32 80 30 00

In need of **Dentist**, please contact arrangements M.D, who will put you in contact with Dental Service.

Responsible: Tommy Svendsrud +47 906 89 820

Pharmacies:

- Boots apotek, phone +47 32 21 71 50. The pharmacy is located across the street from the hotel. Opening hours are 09.00-17.00 (closed on Sunday).
- Apotek 1, phone +47 32 21 94 50. The pharmacy is located on the other side of the town bridge. Opening hours are 09.00-17.00 (closed on Sunday).

Team Waxing

The wax cabins are located in separate containers close to the finish area. The teams will be given facilities according to FIS rules. The waxing facilities will be guarded 24 hours a day from Sunday until the end of the competition. However, the teams are responsible for their own equipment. Ski waxing is only allowed in the waxing containers. There are no waxing possibilities at the hotel.

Key to wax cabins can be picked up at the race office, towards a deposit of EUR 100.

Responsible: Terje Liveng:

Ski-testing Area

There will be no special ski-testing tracks or warming-up tracks. However we will provide a special track east of the church to enter the course.

See enclosed map for access to the ski-testing areas.

Training area

The Konnerud Sport Club ski-stadium, located 7 km from the city-centre, 200 meter above sea level, is open for training all week. The course is lighted and have a good 5km for training. Around the city there are also several lighted training courses. The Service-centre will assist you with road directions.

No official training in the race tracks.

Weather Prognosis

Air and snow temperatures will be available in the team waxing area and handed out at the Team Captains Meeting. Until the race starts, the weather information in the waxing area will be updated according to regulations. The snow temperature will be measured in the track's lowest and highest points.

Result lists

The result lists will be distributed in the Race office, the media centre and at the hotel.

Flower-/Prize Ceremonies

The 3 first women and men will be called for the flower ceremony immediately after the race.

Media Centre

The Media centre is located in the Town hall (Rådhuset), Engene 1
Opening hours: Tuesday March 14 09:00-19:00.

Here you will find the Press Secretary, result-service and workstations for members of the writing press. Facilities with telecommunications/internet possibilities are also available. Mixed zone and photo standings are located in the finishing area.

Chief of press: Per-Jan Brekke – 901 44 270- per-jan@worldcupdrammen.no



FIS Worldcup Drammen 2023

Detailed schedule

Monday March 13.

Time	Activity	Comments
16:00	Final Entries from the Teams	
16.30	Final Entries from OC	
18.00	Team Captains Meeting, TCM	Scandic Hotel
17:00	TV coordination meeting	Scandic Hotel

Tuesday March 14.

Time	Activity	Comments
07.00	Jury Meeting	Jury Room
xxx	Course open for testing	To be decided on TCM
xxx	Course open for athletes Only	To be decided on TCM
xxx	Course Closed	To be decided on TCM
xxx	Course preparation	
11:30	Prologue women	
	BIB selection women	Mixed Zone
	Prologue men	
	BIB Selection men	Mixed Zone
	Jury Meeting	Jury Room
	Course Preparations	
	Course open for testing	To be decided on TCM
	Finals	
	Flower Ceremony	
	Jury Meeting	

